



O O N I P A K

“Carrier of the News”

Zonta Club of Anchorage

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I resolve

January 1st always brings a spate of New Year's Resolutions...to get organized, lose weight, get in shape, quit smoking, and be kinder to your spouse, children, and siblings. So with that in mind I want to share a few I made a few this year:

- Revisit goals – are the goals I set still appropriate? Have I met some and need to set new ones? Do I need to recommit to the ones I have not yet met?
- Follow through – I'm great at committing to tasks and projects, but I know that I tend to lose focus. How can I keep that focus as time passes?
- Passion – some days I just feel tired...how do I maintain enthusiasm for my commitments?
- Balance – work, friendships, volunteerism, family ...all important parts of my life. So often I live like a pendulum, I want a pie instead!
- Giving – of my time, talent and treasure. I read a book many years ago by a wise man named Charlie Shedd. He had a great formula for finances: “Save 10%, give 10%, spend the rest with thanksgiving and praise”.

I am so excited about Aurora Bloody Alice – just 2 _ weeks away! And our Accidental Gourmet classes will follow close behind. This is going to be an exciting year!

Cheers,

Rosemary

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New Year's Greetings from Governor Terri!

Beginning a new year is always a Refreshing and Renewing time! We **refresh** ourselves as we **renew** our own commitments. I always love that feeling...knowing that it's an opportunity for a new beginning ... to do what's important to me, to make changes where changes are needed or to keep moving forward on the same path where we've gotten to today....

My membership in Zonta is one of my most treasured life experiences. I feel **refreshed** each time I have an opportunity to serve with my fellow Zontians in my club, throughout the district or across the globe; I feel **renewed** when we see the results of our hard work by meeting our scholarship recipients & seeing the difference we can make in the lives of women.

Our Zonta International leadership works diligently with a commitment to Zonta and to the women we serve. The ZI Board of Directors met in Chicago in November. The meeting highlights are posted on the ZI website. Please take a look when you get a minute. Here are some important highlights that every Zontian should be aware of:

Convention related information

Recognition for new members

- Reminder of the recognition for those who have recruited two or more new members from 1 Sept to 31 March (as per IP's message at District Conferences).
- *1 March 2010 date* - Reminder that 1 March determines delegate numbers at convention.
- There will not be a Footprint of Service at Convention

Membership

Minimum number of members for a new club now 20

We have heard the feedback from you about moving the minimum membership for a new club from 20 to 25 and have discussed this. The Board agreed that the minimum membership for a new club is 20. The Board believes it is very desirable for the new club to have more than 20 members - the ideal being 25 - and encourages SOM committees/clubs to have 25 members.

SOM for 2 years after chartering

The Board also confirmed that it is important that the SOM group mentors the new club at least two years after chartering. This will ensure the momentum leading up to the chartering will continue providing support to the newly established club. We noted that many new clubs have a significant drop in membership after the first year.

Membership reports will be distributed by Headquarters quarterly instead of monthly. The next report will be December 2009.

United Nations

The next issue of *The Zontian* magazine will include information about Zonta's UN activities.

The Board noted that urging the ratification of CEDAW was a feature of many conferences in the US. Congratulations! (YAY FOR DISTRICT 8!)

How much does the UN charge for the administration of ZI International Projects?

Standard UN administrative costs for International Service Projects is between 7% and 10% of the grant (see Governing Documents 2008-10 Biennial Goals).

The "Amelia" movie is being used by some clubs as a fundraising tool. Comprehensive information about AE can be found on the ZI website.

Web site- new one to be launched in January 2010

The new website will be launched at the end of January. The Board viewed the new design, which is fresh, contemporary and clear.

Area Directors can now access the member information on the ZI web site

Changes were approved on the "Use of Member Information by Zonta Leaders" form. Area Directors will be given secure leadership access to member lists for clubs and districts when the new website is up and running.

What are your New Year's commitments? Do they include Zonta? Have you thought about what you'd like to do with your Zonta membership...Serve on a new committee? Serve in your club's leadership? Serve at the District or International level? Bring in a new member or two? Help start a new club in District 8? Think about that....we have so many opportunities to serve others with our membership in Zonta...and in the meantime....**get REFRESHED AND RENEWED!**

Happy New Year everyone!

Bicycle Assembly Day -- HELP NEEDED

Hello again ladies, I hope you all had a great set of holidays!

I still have the bike form here on my desk and it needs to be MAILED!! This is the event that is happening on MLK day the 18th of January. We need a team of four to put the bike together. We have already signed up for this program and we need a few more volunteers. Please let me know if you are interested.

Shelli (907-264-2914) or shelli@osleepworks.com



Sheila Woodhouse



You will be amazed to learn what Sheila Woodhouse has accomplished. She serves as a Director for the Zonta Yellow Rose Foundation and holds the tickets for our Murder Mystery dinner and Silent Auction. Joining Zonta Club of Anchorage in 2001, she has attended many District 8 Conferences and Seminars and International Conventions in Melbourne, Australia and Rotterdam, The Netherlands. She has been a cook or sous chef for all the Accidental Gourmet cooking classes and can be seen assisting in every social and fundraising event of the Club.

Did you know she was a Hoosier, born in Crawfordsville, Indiana, the oldest of 14 children? She has a sister and 5 living brothers plus 6 stepbrothers and stepsisters. Sheila quit school after the 9th grade, married at 14, had her first son at age 16 and a second son at age 20. She earned her GED and graduated from college in 1977 with a 3.85 GPA as a Civil Engineer. She had started work in 1972 in the Petroleum refineries of Freeport, Texas, as a print girl; then moved to Houston in 1977 to work for CE Lummus (an engineering company) as a structural designer. By 1983 she was a consultant traveling to Connecticut, Massachusetts, Maine, North Carolina, West Virginia and Indiana. Returning to Houston in 1990, this was her home base until 2001 when she moved to Alaska. "I made a call to VECO to see if they needed a person with my talents and the rest is history. Besides, I had heard the glaciers were melting and I had to see them before that happened." Today, Sheila is a Sr. Design Supervisor with CH2MHill.

Divorced in 1976, her sons Donnie and Mike Bull are married to lovely wives, Becky and Ashley. She has a 21 year old granddaughter, Jessica, who lives in Texas and a 7 year old grandson, Austin, who lives in Anchorage. She will be a great-grandmother by the end of January.

At the age of 19, she was a practicing Real Estate agent in Texas and has always enjoyed being a volunteer and active in the community. As a member of Toastmasters for 6 years in Texas, she became District Governor. Sheila owned a Kolache shop in Houston for a while and baked to her hearts content while earning extra income. She enjoys cooking and watches many TV cooking shows. Her New Years resolution is to invite friends over for dinner so she can practice cooking – it's no fun to cook for just one person! Start getting in line for your reservation!

Today, Sheila is on the House Committee and the Sports Committee at the Petroleum Club. Kelly Droop, a work associate, introduced Sheila to Zonta to satisfy her wish to make a difference and volunteer in Anchorage. "I never realized the satisfaction it would bring me. Not only have I met so many wonderful people and made some lasting dear friends while traveling around the world, but I have actually helped make a difference to women in this world through Zonta."

A history of Zonta milestones is now available on our website. Interesting reading for sure!

<http://www.zonta-ak.org/news.asp?NewsID=136>

CALENDAR OF EVENTS

Go to www.zonta-ak.org and click on Events on the left side of the page for the most current information.

You may print the monthly calendar from this site.

“One Woman at a time; one community at a time.”



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